

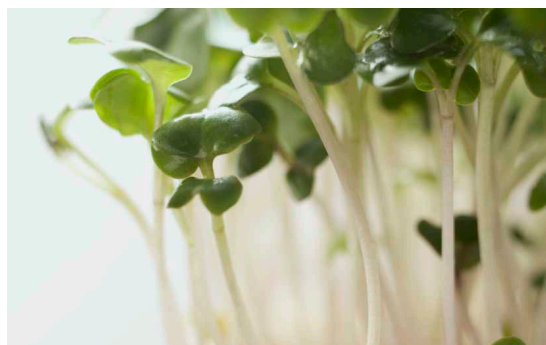
THE HERB N' KITCHEN COACH

Journal – Leader Four



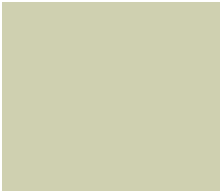
HERB N' KITCHEN

— NEW YORK CITY —





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Coaching is:

Coaching Benefits:

“In any situation, the best thing you can do is the right thing; the next best thing you can do is the wrong thing; the worst thing you can do is nothing.” – Theodore Roosevelt



Feedback for Improved Performance:

Feedback for Enhanced Performance:

“A coach is someone who can give correction without causing resentment.” – John Wooden

Delivering Feedback in 5 Easy Steps:

1. Give Reason for Feedback:

2. Provide an Example of the Observed Behavior:

3. Highlight the Impact of the Behavior:

4. Was the Behavior Appropriate? Define Next Steps:

5. Thank Your Team Member:

“It is foolish to expect a person to follow your advice and to ignore your example.” – Don Meyer