

IMPLEMENTING SOMETHING NEW

Journal - Leader One



HERB N' KITCHEN

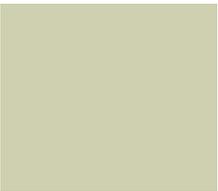
— NEW YORK CITY —





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Five Phases of Adaptation:

Stagnation - Preparation - Implementation - Determination - Fruition

Leaders need to:

- Interpret Events
- Acknowledge Emotions
- Stay Connected
